

2024年度水泳資格表《男子13歳以上》

Swimming qualification table for men aged 13 and above, detailing performance standards for various strokes (自由形, 背泳ぎ, 平泳ぎ, バタフライ, 個人メドレー) across different age groups and grades (AA, A, B).



2024年度水泳資格表《女子13歳以上》

Table with columns: 女子資格級 (AA, A, B), 自由形 (50m, 100m, 200m, 400m, 800m, 1500m), 背泳ぎ (50m, 100m, 200m), 平泳ぎ (50m, 100m, 200m), バタフライ (50m, 100m, 200m), 個人メドレー (100m, 200m, 400m). Rows are grouped by age (19歳以上, 17歳, 18歳, 15歳, 16歳, 14歳, 13歳) and grade (AA, A, B).

